

A Five Level Multi-Value Approach to AI Integration in Student Learning

AI Level	Student Role	AI Role	The Goal
0: Zero AI	Solo Athlete	None	Cognitive Weightlifting: Building foundational $A \rightarrow B$ neural pathways without help. The struggle is the entire point.
1: AI Tutor	Final Authority	Explains concepts	Clarification: AI explains a concept. You verify it and apply it to a new problem on your own.
2: AI Brainstormer	Curator	Generates average ideas	Divergent Thinking: AI provides the average ($A = B$) ideas so you can find the unique ($A \rightarrow B$) one.
3: AI Research Assistant	Creative Synthesizer	Gathers and summarizes	Verification: AI gathers the data "Map." You trek through the source "Territory" to verify and understand.
4: AI Co-Pilot	Lead editor	Drafts from your ideas and outline	Synthesis: AI generates a draft based on your detailed outline and research. You refine the causal narrative, add evidence, inject voice.
5: AI Author	Passive Observer	Does the thinking	Outsourcing: The machine does the thinking. Use to analyze AI's limitations or critiquing its output. Using this for learning results in cognitive atrophy.

2026 Keith A. Quesenberry For an article on how to use this guide visit PostControlMarketing.com.